

■ MT. FUJI HIKE ITINERARY

August 8–9, 2024 | Yoshida-Subashiri Trail | 3,776m

Solo Hike — Asian Trilogy Completion | Source: mariasometimesniskie.wordpress.com

■ PRE-HIKE — August 7 (Night Before)

- Check in at **The Global Hotel Tokyo, Shinjuku** — ■1,372 (female dorm)
 - Booked by organizer | Located near Korean markets, not central Shinjuku
- Convenient for early morning bus departure to 5th Station

DAY 1 — August 8 (Thursday) | ASCENT

6:00 AM — Departure to 5th Station

- Walk from hotel to **Lawson Shinjuku** near Shinjuku Station
- Wait ~1 hour for bus to 5th Station (Fujisan Station)

10:00 AM — Arrive 5th Station

- Store luggage at 5th Station reception — ¥1,000 (~■394)
- Buy hiking stick at 5th Station stores
 - Tip: Buy a shorter stick to avoid extra luggage fees on your flight home
- Light meal at 5th Station restaurant — cash only, no credit cards accepted
- Collect registration tag — keep until end of hike (checked at entrance gate)

12:00 NN — Begin Ascent (Yoshida-Subashiri Trail)

- Start climbing via the Yoshida-Subashiri Trail
- Get hiking stick stamped at each station — ¥300–500/stamp (~■100–200)
 - Tip: Stamps are collectible keepsakes — don't miss them!
- Restrooms at every station (5th to 10th) — ¥100–300, coins preferred
- Very little shade — almost no trees above lower stations
- Afternoon thunderstorms are common — wear your raincoat

~10:00 PM — Arrive 8th Station Mountain Hut

- Check in at **8th Station Mountain Hut** — closest hut to the summit
- Temperature drops to ~5°C — layer up immediately
- Attempt to sleep — very limited rest (~1.5 hrs only) before summit push
 - Note: You cannot leave your belongings at the hut during ascent

DAY 2 — August 9 (Friday) | SUMMIT & DESCENT

1:00 AM — Prepare for Summit Push

- Wake up, brush teeth outside the hut, layer all warm clothing

- Begin final ascent — heavy foot traffic, allow **3–4 hours to summit**
- Trail becomes steeper with thinner air near the top — pace yourself
- Torii gates appear along the way but are **not the final summit**

4:30 AM — Reach the Summit

- Arrive at the summit of Mt. Fuji — Japan's highest point at **3,776m**
- Torii gates visible — summit deck is here but Kengamine Peak is still further

5:00 AM — Sunrise at the Summit

- Watch the **sunrise** from the highest peak in the Land of the Rising Sun ■
- Get hiking stick stamped at the **highest vending machine in Japan**
- Optional: 1-hr walk around crater rim to **Kengamine Peak**
 - *Kengamine Peak = true highest point + highest post office in Japan*

Descent

- Have a meal at the summit before starting descent
- Begin descent — trail is loose rocks and sand, very slippery
 - *Tip: Switch to sandals (with socks) if shoes cause nail discomfort*
- Take it slow — easy to fall on the rocky descent

12:00 NN — Arrive 5th Station

- Retrieve stored luggage from 5th Station reception
- Buses run **9:00 AM – 6:00 PM** — must arrive before 6 PM
 - *WARNING: Missed group bus = extra cost. Paid ¥3,000/person (~■1,154) for emergency bus back to Shinjuku*

3:00 PM — Arrive Shinjuku Station

- Train from Shinjuku → Asakusa Station for next destination

POST-HIKE — August 9 (Evening) | ASAKUSA

Check-in

- **Hotel Plus Hostel Tokyo Asakusa 2** — ¥5,549 (~■2,134) | 1 night, female dorm
 - *5-min walk from Asakusa Tobu Station | Near Sensoji Temple*
 - *Has onsen bath + laundry facility — ¥100/30 min (soap usually included)*

7:00 PM — Dinner

- **Sansada Tempura** — special tendon ¥1,000 (~■384)
 - *Highly recommended — incredibly flavorful, very affordable*

9:00 PM — Recovery Massage

- **Erawan Thai Traditional Massage**, Asakusa
- 1.5-hour body + foot massage — ¥7,000 (~■2,682) + ¥1,000 tip (~■384)
 - *Highly recommended after the hike — slept exceptionally well after*

10:00 PM

- Collect laundry → rest for next day's trip to Nikko

■ COST SUMMARY

Expense	JPY	PHP
Climbing fee via Klook (DIY recommended)	¥2,000	~■769
Luggage storage at 5th Station	¥1,000	■394
Restrooms per use (each station)	¥100–300	■38–118
Hiking stick stamps (per stamp)	¥300–500	■100–200
Horse ride 5th–6th Station (optional)	¥40,000	■15,000
Emergency bus back to Shinjuku (per person)	¥3,000	■1,154
Pre-hike hotel, Shinjuku (female dorm)	—	■1,372
Post-hike hostel, Asakusa (1 night)	¥5,549	■2,134
Dinner at Sansada Tempura	¥1,000	■384
Massage at Erawan (1.5 hrs + tip)	¥8,000	■3,066

■ PACKING CHECKLIST

- Cash (no ATMs on the mountain)
- Hiking shoes + sandals for descent
- Sunblock (very exposed trail)
- Raincoat + jacket
- Bonnet / buff / face mask
- Windbreaker + HeatTech layers
- Wet wipes (no running water)
- Notebook for station stamps
- Plenty of water (no running water)
- Hat or cap (no umbrellas allowed)
- Hiking stick (buy at 5th Station)
- Headlamp
- Fleece or down jacket
- Trash bag
- Coins for restrooms + stick stamps
- Waterproof bag/cover

■ KEY NOTES & TIPS

- Book mountain hut **in advance** — 8th Station is closest to summit, most preferred
- Cannot leave belongings at the hut during ascent — store at 5th Station instead
- Summit deck has sunrise view but **Kengamine Peak** (1 hr further) is the true highest point
- Return bus runs **9 AM – 6 PM** only — plan descent time carefully to avoid missing it
- Trail is extremely crowded during peak season, especially from 8th Station to summit
- No ATMs anywhere on the mountain — withdraw cash in the city before you go

- Bring coins specifically for restrooms — paper money is not accepted
- Hiking season: **early July to early September** only | Peak: late July – late August
- Trail may close due to rain or strong wind — check conditions before hiking
- Registration tag is issued at the gate — keep it until hike completion
- Internet connection is available throughout the entire trail

Source: mariasometimesniskie.wordpress.com | Mt. Fuji Hike Blog — August 8–9, 2024